

LEDUC BRAZILIAN JIU JITSU

Summer Schedule

July 1st - September 30th, 2023

SUNDAY

MONDAY


TUESDAY

WEDNESDAY THURSDAY

FRIDAY

SATURDAY

12:00pm

12:00pm		 <p>LEDUC BRAZILIAN JIU JITSU</p>				ADULT NO-GI BJJ					
1:00pm							ADULT BJJ				
2:00pm						OPEN MAT					
3:00pm						ADULT BJJ					
4:00pm								ADULT BJJ			
5:00pm									ADULT BJJ		
6:00pm										ADULT BJJ	
7:00pm											ADULT BJJ
8:00pm											
9:00pm						ADULT BJJ					
9:30pm	ADULT BJJ										
		Little Grapplers Group 1	Little Grapplers Group 2	Little Grapplers Group 1	Little Grapplers Group 2		ADULT BJJ				
		KIDS BJJ	JUVENILE BJJ	KIDS BJJ	JUVENILE BJJ						
		JUVENILE ADV.	TEEN BJJ	JUVENILE ADV.	TEEN BJJ						
		ADULT BJJ	ADULT BJJ	ADULT BJJ	ADULT BJJ						
		ADULT BJJ	ADULT BJJ	ADULT BJJ	ADULT BJJ						
	ADULT BJJ	ADULT BJJ	ADULT BJJ	ADULT BJJ							

Little Grapplers Group 1 (ages 4-6)	5:30 - 6:00pm	Mondays & Wednesdays
Little Grapplers Group 2 (ages 4-6)	5:30 - 6:00pm	Tuesdays & Thursdays
Kids BJJ (ages 7-9)	6:00 - 7:00pm	Mondays & Wednesdays
Juvenile BJJ (ages 10 -12) Advanced class (Invite from Professor Required)	7:00 - 8:00pm	Mondays & Wednesdays
Juvenile BJJ (ages 10 -12) Fundamentals class	6:00 - 7:00pm	Tuesdays & Thursdays
Teen BJJ (ages 13 +)	7:00 - 8:00pm	Tuesdays & Thursdays
Adult BJJ	8:00 - 9:30pm	Monday through Thursday
Adult No-Gi	12:00 - 1:30pm	Saturdays
Open Mat	1:30 - 3:00pm	Saturdays